Toastmasters International
The VIU Chapter

Why is Toastmasters for You?
- Low-cost communication and leadership training
- Practical experience
- Confidence building
- Networking

Membership Fees

<table>
<thead>
<tr>
<th>Amount</th>
<th>Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>$6 per Month</td>
<td>VIU students each Fall and Spring semester</td>
</tr>
</tbody>
</table>

Meeting Schedule

Date: 1st and 3rd Friday of the month fall 2015
Time: TBA
Location: TBA

How Toastmasters Works?
- Learn-by-doing practice
- Filling meeting roles
- Giving prepared or impromptu speeches
- Volunteering for leadership roles
- No instructor

Benefits
- Develop critical-thinking skills
- Build listening skills
- Give and receive constructive feedback
- Become more confident in front of a group
- Learn time management skills
- Benefit from a supportive environment
- Develop leadership skills

Individual Value
- Unlimited personal growth
- Clear communication skills
- Self-confidence
- Positive mentoring relationships
- Improved leadership skills
- Relationship building

Features
- A self-paced program
- Weekly, bi-weekly or monthly interactive meetings
- Impromptu speaking opportunities
- Peer evaluations
- Participation in leadership through meeting roles
- Personal attention in small group setting
- Affordable dues
- Opportunities to lead meetings

Advantages
- Practical presentation experience
- A safe place to make mistakes and learn
- Mentorship opportunities

Contact Person: Dr. Mark Robinson | 3957 Pender Drive, Suite 100, Fairfax, VA 22030 | Email: mrobinson@viu.edu | Phone: 703-591-1844, ext. 346

“Ours is the only organization I know dedicated to the individual.”
- Dr. Ralph C. Smedley
  Founder of Toastmasters International

Toastmasters International
- Established in 1924
- More than 280,000 members in over 13,500 clubs in 122 countries around the world