Welcome to Toastmasters International
The VIU Chapter
The VIU Chapter of Toastmasters International
A New Leadership Organization at VIU

Overview and Introduction
The VIU Toastmasters Meeting Schedule is:

- **Date:** 1st and 3rd Friday of the month Fall 2015
- **Time:** TBA
- **Location:** TBA
The VIU Toastmasters Fees are:

<table>
<thead>
<tr>
<th>Amount</th>
<th>Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>$6 per Month</td>
<td>VIU students each Fall and Spring semester</td>
</tr>
</tbody>
</table>
VIU Chapter Officers
(Fall 2015 Semester)

Dr. Mark Robinson
Treasurer

TBA
VP Education

TBA
VP Membership

TBA
VP Public Relations

TBA
Secretary

Dr. Mark Robinson
Treasurer

TBA
Sergeant at Arms
The VIU Chapter of Toastmasters International

Contact Person:

Dr. Mark Robinson
3957 Pender Drive, Suite 100
Fairfax, VA 22030

Email: mrobinson@viu.edu
Phone: 703-591-1844, ext. 346
How Toastmasters Works:

- Learn-by-doing practice
- Filling meeting roles
- Giving prepared or impromptu speeches
- Volunteering for leadership roles
- No instructor

Toastmasters International Facts and Figures:

- Established in 1924
- More than 280,000 members in over 13,500 clubs in 122 countries around the world
The Toastmasters Educational Program
The Communication Track

- Speech organization
- Eye contact
- Gestures
- Use of humor
- Delivery

The Advanced Communication Series

- Choose from 15 advanced communication manuals to learn skills specific to your interests
The Leadership Track

- Fulfill club meeting roles
- Serve in officer roles at the club level and beyond

The Advanced Leadership Program

- Developing a vision
- Goal setting and planning
- Developing plans and strategies
- Team building
Well-known Toastmasters Alumni

- **Chris Matthews**, Author and journalist, host of MSNBC’s *Hardball with Chris Matthews*
- **Tim Allen**, Actor, star of television series *Home Improvement*
- **Tom Peters**, Management expert and author
- **K.C. Jones**, Former NBA basketball coach for Boston Celtics
- **Linda Lingle**, Former governor of Hawaii
- **James Lovell**, Former NASA astronaut; missions include Apollo 13
- **Debbi Fields Rose**, Founder, Mrs. Fields Cookies
- **Leonard Nimoy**, Actor, Spock from T.V. series *Star Trek*

“Well-known Toastmasters Alumni – Debbi Fields Rose

“The idea of getting in front of a group, not as Mrs. Fields but as Debbi, made my knees shake. But the Toastmasters group understood. Here’s a place where you can learn, grow, develop — and where other people are doing and feeling the same thing.”

– Debbi Fields Rose
Founder, Mrs. Field’s Cookies
“Ours is the only organization I know dedicated to the individual.”

– Dr. Ralph C. Smedley
Founder of Toastmasters International
Toastmasters Advantages

- Practical presentation experience
- A safe place to make mistakes and learn
- Mentorship opportunities

Features

- A self-paced program
- Weekly, bi-weekly or monthly interactive meetings
- Impromptu speaking opportunities
- Peer evaluations
- Participation in leadership through meeting roles
- Personal attention in small group setting
- Affordable dues
- Opportunities to lead meetings
Benefits

- Develop critical-thinking skills
- Build listening skills
- Give and receive constructive feedback
- Become more confident in front of a group
- Learn time management skills
- Benefit from a supportive environment
- Develop leadership skills

Individual Value

- Unlimited personal growth
- Clear communication skills
- Self-confidence
- Positive mentoring relationships
- Improved leadership skills
- Relationship building
“Toastmasters is the best and least expensive personal improvement class you can go to.”

– Linda Lingle
Former governor of Hawaii
Why is Toastmasters for You?

- Low-cost communication and leadership training
- Practical experience
- Confidence building
- Networking
- Constructive evaluations

Why you should join VIU Toastmasters?

Leadership and Public Speaking Skills equals Better Jobs, Promotion Opportunities and more